

1. Investment assistance

Organization	Ottawa Community Loan Fund (OCLF)
Program	Micro-loans for entrepreneurs
Description	<ul style="list-style-type: none"> • Since 2000, the OCLF has been serving those who cannot access a traditional bank loan. In fall 2012, OCLF expanded their character-based micro-loan and counseling programs with benefits targeting immigrant groups. • Ontario Centres of Excellence funded an Immigrant-focused pilot program from October 2012 to March 2013 with excellent results. Based on one-month follow-ups, 45% of attendees reported that they had taken actions to improve their credit score; and 10+ loans have been disbursed or are in process to support Professional Development and business ideas for improved Immigrant integration and success. Encouraged by these results, Community Foundation of Ottawa has provided bridge funding so that OCLF can continue this program during summer 2013, featuring Smart Out-reach to selected Immigrant Communities by Government-funded Summer Students under OCLF supervision. • OCLF is in advanced discussions with both Ontario Trillium Foundation and Citizenship and Immigration Canada for additional multi-year funding to continue and extend the program with focused benefits to Immigrants.
Link	
Contact	Michael Oster, President of OCLF: president@oclf.org , or Laura Koivisto-Khazaal at laura@oclf.org .

Organization	The City of Ottawa, the Ottawa Business Journal, and the Ottawa Local Immigration Partnership
Program	Immigrant Entrepreneurship Awards
Description	<ul style="list-style-type: none"> • Annual awards to recognize, promote, and showcase immigrant business leaders in our City. • The first edition of the Immigrant Entrepreneur Awards was launched at the Ottawa Immigration Forum in October 2012. • Honours entrepreneurs in five areas: innovation-oriented enterprises; social enterprises; fast-growth enterprises; young entrepreneurs; and women entrepreneurs. The lead is the City of Ottawa's Economic Development Department.
Link	
Contact	Angela Scanlon, City of Ottawa Economic Development Department: Angela.Scanlon@ottawa.ca

2. Programs helping obtain sustainable employment in Ottawa

Organization	LASI World Skills, Immigrant Women Services Ottawa
Program/Resource	Job Search Workshop (JSW)
Description	<ul style="list-style-type: none"> • “JSW is a two-module, group-based workshop where job seekers have the opportunity to learn and practice the skills needed to undertake a successful job search in Canada. Graduates of the program have access to ongoing employment counselling support. The workshops are offered in English at a variety of partner locations around Ottawa: <ul style="list-style-type: none"> ○ World Skills Employment Centre ○ Catholic Centre for Immigrants (CCI) ○ Ottawa Community Immigrant Services Organization (OCISO) ○ Jewish Family Services (JFS) ○ Immigrant Women Services Ottawa (IWSO) ○ Lebanese and Arab Social Services Agency (LASSA) ○ Somali Centre for Family Services (SCFS) ○ Ottawa Chinese Community Services Centre (OCCSC) • Who is eligible? <ul style="list-style-type: none"> ○ Refugee Claimants, Temporary Residents (with or without work permit), International Students, foreign-born Canadian Citizens, under or unemployed Permanent Residents, Convention Refugees, and Live-in Caregivers residing in Ontario.
Link	http://ottawa-worldskills.org/job-search-workshop-jsw-program/
Contact	Angela Scanlon, City of Ottawa Economic Development Department: Angela.Scanlon@ottawa.ca

Organization	LASI World Skills
Program/Resource	Career Access for Newcomers Workshop
Description	<ul style="list-style-type: none"> • “Delivered over 4 days, in English only, CAN offers a group-based learning environment where job seekers have the opportunity to learn and practice the skills needed to undertake a successful job search in Canada. Graduates of CAN have access to ongoing employment counselling support. This program is funded by the United Way and is delivered at World Skills Employment Centre.” • Who is eligible? <ul style="list-style-type: none"> ○ Refugee Claimants, Temporary Residents (with or without work permit), International Students, foreign-born Canadian Citizens, under or unemployed Permanent Residents, Convention Refugees, and Live-in Caregivers residing in Ontario.
Link	http://ottawa-worldskills.org/career-access-for-newcomers-can-workshop/
Contact	Phone: 613 - 233 - 0453 Email: ws@ottawa-worldskills.org 300-219 Argyle Ave., Ottawa Ontario, K2P 2H4

Organization	LASI World Skills
Program/Resource	Resume Clinic
Description	<ul style="list-style-type: none"> • “The Resume Clinic is offered once per week and allows job seekers the opportunity to be paired with a volunteer management or human resources professional for one-on-one support in the development of their resume. Resume Coaches are trained and experienced, and can also offer insight into the recruitment and selection processes used within a variety of sectors and professions.”
Link	http://ottawa-worldskills.org/resume-clinic/
Contact	Phone: 613 - 233 - 0453 Email: ws@ottawa-worldskills.org 300-219 Argyle Ave., Ottawa Ontario, K2P 2H4

Organization	LASI World Skills
Program/Resource	Ottawa Job Match Network
Description	<p>The Ottawa Job Match Network (OJMN) program is a bridge training and job matching initiative funded by the Ministry of Citizenship and Immigration Canada. Its goal is to match internationally trained individuals (ITIs) to employment opportunities commensurate to their education, qualifications, skills and experience. The program offers four cohort options:</p> <ul style="list-style-type: none"> • Business Administration and Management (BAM) • Social Sciences • Public Service Administration • Applied Sciences
Link	http://ottawa-worldskills.org/ottawa-job-match-network/
Contact	Phone: 613 - 233 - 0453 Email: ws@ottawa-worldskills.org 300-219 Argyle Ave., Ottawa Ontario, K2P 2H4

Organization	Citizenship and Immigration Canada, LASI World Skills, Service Integration Travail Outaouais (SITO)
Program/Resource	Federal Internship for Newcomers (FIN) Program
Description	<ul style="list-style-type: none"> • The Federal Internship for Newcomers (FIN) Program provides newcomers with valuable temporary Canadian work experience and training opportunities with federal government departments and agencies and private sector organizations. • The number and types of positions available in a given year vary. Internships are offered in fields like policy, administration, project management, computer science, communications, science and finance. • Interns are hired for 90 working days. The internship may be extended an additional 90 working days. A mentor is provided for the duration of the internship • In addition to gaining Canadian work experience, interns are able to: <ul style="list-style-type: none"> ○ learn about Canadian workplace culture ○ understand hiring processes ○ network with professionals ○ attend orientation sessions or training
Link	http://www.cic.gc.ca/english/newcomers/work/fin.asp#partners
Contact	<p>LASI World Skills: Phone: 613 - 233 - 0453 Email: ws@ottawa-worldskills.org 300-219 Argyle Ave., Ottawa Ontario, K2P 2H4</p> <p>Service Integration Travail Outaouais (SITO) : 4, rue Taschereau, bureau 400 Gatineau Québec J8Y 2V5 1 (819) 776-2260</p>

Organization	Catholic Immigration Centre & LASI World Skills
Program/Resource	Career Transitions for International Medical Doctors & International Health Professionals
Description	The Career Transitions Program for International Medical Doctors (IMDs) is a comprehensive employment preparation program which provides focused training for unemployed or under-employed IMDs in their efforts to gain employment in non-regulated health care-related roles.
Link	http://cciottawa.ca/services/career-transitions/
Contact	Catholic Centre for Immigrants 219 Argyle Avenue Ottawa, ON K2P 2H4 Arber Zaplluzha, Program Manager (613) 232-9634 Ext. 418 Michelle James, Job Developer (613) 232-9634 Ext. 322

Organization	Algonquin College & Ministry of Citizenship and Immigration Ontario
Program/Resource	Internationally Trained Civil Engineering Technologist (ITCET) Program
Description	This project helps internationally trained civil engineers meet the requirements to practice as Civil Engineering Technologists in Ontario. Participants receive a Civil Engineering Technology diploma when they graduate.
Link	http://www.hireimmigrantsottawa.ca/for-immigrants/programs/
Contact	Please contact Daniel Jella, Project Manager, ITCET, at 613-727-4723 ext. 3531 or jellad@algonquincollege.com

Organization	La Cité Collégiale
Program/Resource	Programme Accès aux Métiers de la Construction pour les Immigrants «PAMCI» [Access to Construction Trades Program for Immigrants “ACTPI”]
Description	This program helps internationally trained individuals find employment in construction-related trades. The program offers practical and theoretical courses in specific skilled trades. It also provides participants with higher level French language courses, as well as occupation-specific language training in both French and English. Participants also receive assistance to get practical internships or apprenticeships. Mentorship and support in securing job placements or apprenticeships in construction-related trades are also provided.
Link	http://www.ontarioimmigration.ca/en/working/OI_HOW_WORK_TRADES.html https://www.collegelacite.ca/services/immigrants.htm
Contact	Website: www.lacitec.on.ca Email: info@lacitec.on.ca Telephone: 613-742-2493 Location: Ottawa

Organization	City of Ottawa
Program/Resource	Immigration Portal, Section on "Finding a Job"
Description	<p>Providing information on:</p> <ul style="list-style-type: none"> • Job search and career planning • Websites for job opportunities • Recognition of foreign credentials • Training and apprenticeship opportunities • Regulated professions and recognized trades • Overcoming challenges to employment • Employee rights • Volunteering and working
Link	http://ottawa.ca/en/immigration/working-and-doing-business/finding-job#toc_h2_6
Contact	N/A

Organization	Ottawa Community Immigrant Services Organization (OCISO)
Program/Resource	Ottawa Connector Program
Description	The CONNECTOR Program is a dynamic and effective referral process replicated in 12 communities across Canada. The Ottawa CONNECTOR Program (OCP) will address the barriers employment ready immigrants (Connectees) face developing professional networks, by linking them to business and community leaders (Connectors) within Ottawa for Information Meetings and Speed Interviews.
Link	http://ocisocareermentorship.org/ottawa-connector-program/
Contact	If you would like further information about the Ottawa CONNECTOR Program, please contact Jasmine Qi at jqj@ociso.org or call 613-725-5671 Ext: 307.

Organization	Ottawa Community Immigrant Services Organization (OCISO)
Program/Resource	Career Mentoring Program
Description	<p>The Career Mentoring Program supports internationally educated professionals to obtain employment in their field. Clients are matched with a volunteer Career Mentor working in the same or a related field. Mentors and mentees meet weekly. During these meetings the mentor will offer guidance and support with respect to:</p> <ul style="list-style-type: none"> • Developing career objective • Canadian workplace language, culture and etiquette • Employment research strategies • Employer engagement strategies • Networking opportunities – Informational meetings, Networking events, Professional associations, etc. • Employment application preparation • Resume, cover letter & interview preparation • Overall guidance and encouragement
Link	http://ocisocareermentorship.org/about/
Contact	<p>Aparna Mathur Mentorship Facilitator amathur@ociso.org Tel: (613) 725-5671 ext: 332</p>

Organization	Ottawa Community Immigrant Services Organization (OCISO), Algonquin College
Program/Resource	International Biotechnology Professional Program Mentoring
Description	<p>Algonquin's International Biotechnology Professional (IBioTP) Program offers internationally-educated professionals who hold a degree in the sciences the opportunity to obtain a three-year advanced diploma in one year. OCISO's Core Career Mentorship Program supports students in the program by coordinating mentorship opportunities with industry personnel, leading to improved employment outcomes for skilled immigrants.</p>
Link	http://ocisocareermentorship.org/international-biotechnology-professional-program-mentoring/
Contact	For more information please contact Hedieh Azad at hazad@ociso.org or 613-725-5671 ext.225.

Organization	Ottawa Community Immigrant Services Organization (OCISO)
Program/Resource	iSisters Technology Mentoring for Women
Description	<p>The iSisters Mobile Learning Lab Project offers 21st Century technology skills to young women in an effort to help them to move forward with their lives and lead them toward further training, education and employment</p> <p>OCISO offers ongoing computer literacy, application and internet usage training to newcomer women following the iSisters approach to learning in our computer lab at 945 Wellington Street West.</p>
Link	http://ocisocareermentorship.org/isisters-technology-mentoring-for-women/
Contact	For information on upcoming classes contact: Aparna Mathur at amathur@ociso.org or call 613-725-5671 Ext: 332.

Organization	Economic & Social Council of Ottawa-Carleton
Program/Resource	Employability (Emploi-CESOC) Program
Description	<p>The Emploi-CESOC program prepares Francophone newcomers for entry into the Canadian labour market. It provides valuable support for their economic integration, which involves finding employment. What's more, communication tools are made available to clients to assist them in their job search.</p> <p>In addition, an officer is available to guide clients, provide them with technical and cultural advice, tailor their resume, help them write cover letters, prepare them for job interviews, call attention to their transferable skills and work experience and, in a general way, support them until they have found employment.</p> <p>Workshops round out the individual consultations and conversation tables help the job seekers to practice the official languages of Canada. Guidance may also be provided should there be difficulty in adjusting to the employment found. Moreover, the Employabilité program directs newcomers to services offered by partners: networking, job fairs, bridging programs, etc.</p>
Link	http://www.cesoc.ca/index.php/en/nos-programmes/employabilite
Contact	649, Montreal Road, Suite 202, Ottawa, Ontario, Canada K1K 0T4 Telephone: (613) 248-1343 Fax: (613) 248-1506

Organization	In My Language
Program/Resource	Online Informational Resource on “Work”
Description	<p>Providing information in a variety of languages on topics such as:</p> <ul style="list-style-type: none"> • Working in Canada • Finding a Job • Your rights at work • Planning a career • Professions and Trades • Evaluation of Credentials • Social Insurance Number • Financial Assistance • Volunteering
Link	http://english.inmylanguage.org/section.aspx?cat=EMPLOYMENT
Contact	N/A

Organization	Settlement.org
Program/Resource	Online Informational Resource on “Employment”
Description	<p>Providing information on topics such as: finding a job, your rights at work, working in CanadaPlanning a career</p> <ul style="list-style-type: none"> • Professions and Trades • Business and Self-Employment • Social Insurance Number • Financial Assistance • Volunteering
Link	http://settlement.org/ontario/employment/
Contact	N/A

Organization	Ottawa Chinese Community Service Centre (OCCSC)
Program/Resource	International Talent Acquisition Centre (In-TAC)
Description	<p>In-TAC reduces the amount of time it takes you to find work that matches your education, expertise and experience. It is a 'one-stop' shop that offers a range of services designed to help you get the job you want.</p> <p>Services include:</p> <ul style="list-style-type: none"> • Workplace communication skills • Industry-specific English training • Resumé writing and interview preparation coaching • Employment counselling • Job referrals • Work placements • Mentorship: local professionals who help guide you through your Canadian career path • Networking opportunities <p>Specific Programs include:</p> <ol style="list-style-type: none"> 1. Navigating the Canadian IT Workplace Program (NaviCanIT) 2. Navigating the Canadian Workplace for Accounting Professionals (NaviCanAccounting) 3. Mentorship in Action Program 4. Mentorship Program for IT & Accounting Professionals 5. Job Search Workshops
Link	http://in-tac.ca/
Contact	381 Kent Street Suite 200, Ottawa, ON, K2P 2A8; Email: info@in-tac.ca ; Tel: 613-699-7797

3. Research and Educational Opportunities

Organization	City of Ottawa
Program/Resource	Immigration Portal section on 'Learning'
Description	Useful information on: <ul style="list-style-type: none">• Enrolling children in school;• Getting a study permit;• Getting into a university or college;• What you need when arriving in Ottawa;• Adjusting to life in Ottawa;• Learning French or English;• Housing;• Cost of Living;• Transportation;• Cultural activities;• Finding a job on and off campus; and• Opportunities for students who stay in Ottawa after graduation.
Link	http://ottawa.ca/en/immigration/learning
Contact	Ottawa City Hall 110 Laurier Avenue West Ottawa, Ontario, K1P 1J1 3-1-1 (613) 580-2400 1 (866) 261-9799 (613) 580-2401 (TTY)

Organization	University of Ottawa
Program/Resource	International Exchange Program
Description	<ul style="list-style-type: none"> • The largest English-French bilingual university in the world—you can study in English, French or both. • Among the 10 most research-intensive universities in Canada and ranked as one of the top 200 universities in the world. • 10 faculties offering more than 450 undergraduate, graduate and professional degree programs to some 40,000 students from across Canada and 150 countries.
Link	http://international.uottawa.ca/en/study-at-uottawa/international-admissions
Contact	International Office Tabaret Hall, Room M386 550 Cumberland Street Ottawa, Ontario K1N 6N5 CANADA Tel: +1 613 562 5847 Fax: +1 613 562 5100 Email: uointl@uOttawa.ca

Organization	Carleton University
Program/Resource	International Exchange Program & Study Abroad Program
Description	<ul style="list-style-type: none"> • “Carleton University provides high-quality education to students from Canada and around the world. We offer a wide range of programs and our campus and city provide a beautiful and welcoming environment in which to live and study.” • English language university offering a comprehensive array of graduate, undergraduate, and professional programs • Reputed for its strength in a variety of fields, such as engineering, industrial design, humanities, international business and many of the disciplines housed in its Faculty of Public Affairs • Approximately 28,000 students
Link	http://carleton.ca/isso/new-students/
Contact	International Student Services Office 128 University Centre, 1125 Colonel By Drive Ottawa, ON, Canada, K1S 5B6 Tel: +1 (613) 520-6600 Office hours: 8:30-16:30

Organization	Algonquin College
Program/Resource	International Education Centre
Description	<ul style="list-style-type: none"> • Algonquin College is one of Canada's largest and most respected postsecondary colleges. It is based in Ottawa, Ontario, the capital of Canada and, in 2017, it will celebrate its 50th year of operation. • Offers over 270 programs and registers over 50,000 students per year. • It is well-known for offering first-class Information Technology (IT) and Business Management certificates, diplomas and degrees. • Internationally, Algonquin College operates branch campuses in China, India, Montenegro, Saudi Arabia and Kuwait.
Link	http://www.algonquincollege.com/international/
Contact	1385 Woodroffe Avenue Ottawa, Ontario K2G 1V8 613-727-4723

Organization	La Cité Collegiale
Program/Resource	International Students Program
Description	<ul style="list-style-type: none"> • Largest French-language college in Ontario • Offers more than 90 full-time programs in the fields of administration, media and communication, health, technology, hospitality and tourism, community services and business. • 5000 full-time students from Ontario, other parts of Canada and foreign countries
Link	http://www.collegelacite.ca/faq/etudiants_internationaux.htm
Contact	801 Aviation Parkway Ottawa, Ontario K1K 4R3 Communiquez avec nous 613 742-2483 - Sans frais : 1 800 267-2483

4. Recreational, cultural, ethnic, religious, or language services

Organization	YMCA-YWCA Ottawa
Program/Resource	Language Assessment and Referral Centre (LARC)
Description	<p>The YMCA-YWCA Language Assessment and Referral Centre (LARC) provides immigrants with English or French language assessments for government-funded programs. Our services are offered at no cost to eligible clients.</p> <p>We can help you improve your French or English language skills by providing you with:</p> <ul style="list-style-type: none"> • Nationally recognized Language Assessments based on Canadian Language Benchmarks • Information on local language classes and support services (i.e. child care and transportation) • Referrals to government-funded language programs • Referrals to other services and programs in the community
Link	http://www.ymcaywca.ca/Adults/languageassessment/
Contact	<p>308-240 Catherine Street T: 613-238-5462 F: 613-237-4329 larc.celo@ymcaywca.ca</p>

Organization	LASI World Skills
Program/Resource	Workplace Language Training
Description	<ul style="list-style-type: none"> • World Skills offers free classes to help you learn the most effective and appropriate ways to communicate in the Canadian workplace. There are several courses to choose from and you may decide to take more than one. • Guest speakers include employers and sector specialists who share their knowledge and give you a chance to develop your network. You will also have access to individual employment counselling and pronunciation coaching. Participants may also choose to take a 10 hours Sage Simply Accounting software application. • Who is eligible? <ul style="list-style-type: none"> ○ Permanent Residents, Convention Refugees or Live-in Caregivers in Ontario with Canadian Language Benchmarks (listening, speaking, reading and writing) minimum at 6-7.
Link	http://ottawa-worldskills.org/workplace-language-training/
Contact	To schedule an appointment please call 613-233-0453 ext. 300 or email ws@ottawa-worldskills.org .

Organization	The Government of Canada, in cooperation with the Ottawa-Carleton Catholic School Board (OCCSB)
Program/Resource	LINC (Language Instruction for Newcomers to Canada) is a settlement program, funded by Citizenship and Immigration Canada. This ESL program provides basic English language instruction to eligible adult newcomers - immigrants and those to whom Canada intends to grant permanent resident status - to facilitate their social, cultural and economic integration into society. Language classes are also available in French.
Description	LINC - Language Instruction for Newcomers to Canada - is a settlement program, funded by Citizenship and Immigration Canada. This ESL program provides basic English language instruction to eligible adult newcomers - immigrants and those to whom Canada intends to grant permanent resident status - to facilitate their social, cultural and economic integration into society. Language classes are also available in French.
Link	http://www.eslottawa.com/linc.html
Contact	613-238-5462

Organization	Catholic Centre for Immigrants
Program/Resource	Community Connections
Description	<p>The Community Connections Program encourages social, cultural and professional interactions between newcomers and the established community. It assists immigrants and refugees to become engaged and feel at home in Ottawa.</p> <p>If you are new to Canada, our staff and volunteers will help you to:</p> <ul style="list-style-type: none"> ▪ Improve your language proficiency in French or English (Improve your English or French) ▪ Learn about public services and how to access them ▪ Improve your knowledge and confidence about adapting to life in Canada ▪ Become more confident in dealing with Canadian systems (legal, educational, political, etc.). ▪ Participate in activities in the community-at-large ▪ Become a volunteer ▪ Expand your social network (meet more people) ▪ Feel more at home.
Link	http://cciottawa.ca/services/community-connections/
Contact	<p>Javier 613-232-9634 ext. 387 Lulama 613 232-9634 ext. 321 Karen 613 232-9634 ext. 394 or send us an email at: communityconnections@cic.ca</p>

Organization	Catholic Centre for Immigrants
Program/Resource	Matching Program
Description	<p>The program provides one-on-one support to help newcomers adjust and integrate into life in Canada by introducing recent immigrants and refugees with established members of the Ottawa community. Matches between newcomers and volunteers can be one-on-one, family-to-family, or one volunteer with a newcomer family, with priority given to those with the greatest needs.</p> <p>If you are new to Canada, we can help you learn about :</p> <ul style="list-style-type: none"> • Canadian culture and tradition • Community resources • Recreational opportunities and • Social/job networks
Link	http://cciottawa.ca/services/matching-program-3/
Contact	For more information, please contact Anneke at (613) 232-9634 ext 383

Organization	Catholic Centre for Immigrants
Program/Resource	Community Cup
Description	<ul style="list-style-type: none"> • The Community Cup event started in Ottawa in 2005 as a small soccer tournament for new immigrants, organized by the Catholic Centre for Immigrants. The objective is to connect newcomers to non-newcomers, create friendships, and to celebrate Ottawa's welcoming community. Over the years it has developed into a full blown community festival with over 2,000 visitors. • The Community Cup welcomes, connects, and integrates newcomers to the community through sport and volunteerism. It is a "friend-raiser" event and is like no other event in Ottawa in its ability to contribute to the integration efforts of newcomers. • The Community Cup promotes healthy living, cultural sharing, network building, civic engagement, and fun!
Link	http://cciottawa.ca/services/community-cup/
Contact	Laurie Hinsperger at (613) 232-9634, ext 345 or contact us on the web-page form.

Organization	Economic & Social Council of Ottawa-Carleton
Program/Resource	Welcoming Communities – Matching & Mentoring Service
Description	<p>Reception services provide newcomers the opportunity to be matched with volunteers who commit to giving a minimum of 2 hours per week as a reception partner.</p> <p>Matching is based on mutual interests shared by the newcomer and the volunteer who, previously, receives training and has a clean police record.</p> <p>The reception partner helps the newcomer by providing :</p> <ul style="list-style-type: none"> • Friendship and Emotional Support • Language Instruction • Social Orientation • Cultural Orientation • Education and Job-Related Support <p>Reception partners and newcomers decide together what they will do when they meet and adapt to each other's needs. This matching and/or mentoring procedure enables newcomers to form relationships with established Canadians so as to ensure their intercultural integration and social inclusion, as well as to help them acquire proficiency in official languages and apply their knowledge.</p>
Link	http://www.cesoc.ca/index.php/en/nos-programmes/collectivites-accueillantes/8-cesoc/20-service-de-jumelage-et-ou-de-mentorat
Contact	649, Montreal Road, Suite 202, Ottawa, Ontario, Canada K1K 0T4 Telephone: (613) 248-1343 Fax: (613) 248-1506

Organization	Jewish Family Services of Ottawa
Program/Resource	Settlement and integration services
Description	<ul style="list-style-type: none"> • Jewish Family Services of Ottawa offers services which cater to newcomers from various cultural, ethnic and linguistic backgrounds. • We are pleased to be able to serve our clients in many languages. To find a settlement counsellor to assist you, select the language that you would like to be served in: Russian, Hebrew, Somali, Arabic, and French. • We also offer Job Search Workshops for Newcomers
Link	http://www.jfsottawa.com/for-immigrants/
Contact	Jewish Family Services of Ottawa 2255 Carling Ave, suite 300 Ottawa, On K2B 7Z5 613.722.2225 613.722.7570 (fax) info@jfsottawa.com

Organization	Lebanese and Arab Social Services Agency of Ottawa-Carleton (LASSA)
Program/Resource	Settlement and integration services
Description	Provides immigrant settlement services and job search workshops. Client access is limited to immigrants and convention refugees; services are not provided to Canadian citizens, students, or visitors. Immigrant aid services to newcomers in the city. Services in: Arabic, French and English.
Link	www.lassa.ca
Contact	1385 Bank Street, Suite 305 Ottawa, ON, K1H 8N4 613-236-0003 x6132363111 info@lassa.ca

Organization	Ottawa Chinese Community Service Centre
Program/Resource	Settlement and integration services
Description	Our agency provides information and practical assistance to help newly arrived immigrants settle quickly in Ottawa. Here are some of the things that we can help you with: <ul style="list-style-type: none"> • finding a place to live • registering your child for school • getting government health insurance • looking for a place to learn English • getting your driver's license • finding a job • interpretation and translation • family counselling • legal information
Link	http://ocsc.org/services/settlement-services-for-newcomers/
Contact	613-235-4875 ext. 144

Organization	Ottawa Chinese Community Service Centre & Jewish Family Services of Ottawa
Program/Resource	Multicultural Seniors Support Services
Description	<p>To help Chinese seniors to live safely in their own homes for as long as they are physically and mentally well, we have teamed up with the Jewish Family Services of Ottawa in a partnership service called Multicultural Seniors Support Services*. Funding for this service comes mainly from the Champlain Local Health Integration Network under its Aging At Home initiative.</p> <p>A full-time outreach worker leads a group of trained volunteers to provide social and recreational activities for Chinese seniors living on their own. The purpose is to help the seniors build and maintain social connection and learn about healthy living so that they don't become isolated and know where to get help when needed. A part-time social worker who can speak fluent Mandarin and Cantonese works with Chinese seniors with more complex needs.</p>
Link	http://occsc.org/services-for-seniors/ http://www.jfsottawa.com/for-seniors/
Contact	<p>OCCSC: To reach the outreach worker, Jessica Lin, please call 613-235-4875 ext. 137 To reach the social worker, Miranda Chan, please call 613-235-4875 ext. 154</p> <p>JFSO: Laura Thomas, at 613-722-2225 ext. 313; lthomas@jfsottawa.com</p>

Organization	Somali Centre for Family Services
Program/Resource	Immigrant Settlement and Adaptation Programs
Description	These services increase the awareness, knowledge, and skills of the participants. As well, these programs assist newcomers to develop positive attitudes and social skills to improve their quality of life. Participants will achieve their personal goals to settle and integrate into the Canadian society. Services offered: Orientation Information sessions Workshops on job search programs Volunteer programs English Conversation Groups Homework Help Program Canadian Citizenship Study Drop-in services and referrals.
Link	http://www.scfsottawa.org/settlement/index.php
Contact	1719 Bank Street Suite 200 Ottawa, ON K1V 7Z4 Telephone: (613) 526-2075 E-mail: info@scfsottawa.org

Organization	Vietnamese Canadian Federation
Program/Resource	Ethnic/Cultural services
Description	<p>The Vietnamese Canadian Federation has three main objectives:</p> <ul style="list-style-type: none"> • Solidarity & Coordination: To maintain solidarity among the Vietnamese associations across Canada as well as to harmonize their activities for a better achievement of their common objectives. • Vietnamese Culture: To work for the preservation and development of Vietnamese culture and for the enrichment of Canadian culture. • Community: To foster the spirit of mutual help and community responsibility. <p>Consistent with these objectives, the VCF addresses two basic themes: cultural retention and socio-economic and political integration.</p>
Link	http://vietfederation.ca/en/mandate/
Contact	<p>2476 Regatta Ave. Ottawa, ON K2J 5V6 Canada Tel. Tél.: 780.708.0876 • Fax Télécopieur: 780.425-0799 Email: lhnvc1980vcf@gmail.com</p>

5. Assistance in obtaining work/study permits, residency, and/or citizenship

Organization	Citizenship and Immigration Canada (CIC)
Program/Resource	Legal/administrative process for travelling or immigrating to Canada.
Description	<p>Government website provides information on the administrative process for foreign nationals coming to Canada. CIC is the federal government department that processes applications to:</p> <ul style="list-style-type: none"> • Visit, study, work, or immigrate to Canada; • Become a citizen or permanent resident; or • Receive refugee protection <p>Information provides information and resources to help newcomers navigate the technical requirements for travelling/immigrating to Canada.</p>
Link	http://www.cic.gc.ca/english/
Contact	http://www.cic.gc.ca/english/information/offices/index.asp

Organization	Immigration Lawyers at Perley-Robertson, Hill & McDougall LLP/s.r.l.
Program/Resource	Legal services / representation
Description	At Perley-Robertson, Hill & McDougall we provide expert representation to corporate clients, families and individuals covering the many possible avenues for individuals hoping to make this country their home. We are proud to offer a full-service Immigration Law Group, to provide expertise and support on all aspects of this legal specialty. Should escalation be required in appealing a court ruling or government decision, we offer the courtroom strength to advance your case through litigation. We understand the importance of immigration cases, and we will give you the confidence that yours is in the right hands.
Link	http://perlaw.ca/en/expertise/litigation/immigration http://www.warrencreates.com/
Contact	<p>Warren L. Creates, B.A., LL.B. Main Tel: (613)238-2022 Direct Tel: (613)566-2839 Toll Free: (800)268-8292 Fax: (613)238-8775 Email: wcreates@perlaw.ca</p> <p>Jacqueline J. Bonisteel, B.A., M.A., J.D. Main Tel: (613)238-2022 Direct Tel: (613)566-2845 Toll Free: (800)268-8292 Fax: (613)238-8775</p>

	Email: jbonisteel@perlaw.ca
Organization	City of Ottawa
Program/Resource	Immigration Portal – Section on “How to Apply to Come to Canada”
Description	Provides information on the application process for coming into Canada.
Link	http://ottawa.ca/en/immigration/before-you-arrive/how-to-apply-to-come-canada
Contact	3-1-1 (613) 580-2400 1 (866) 261-9799 (613) 580-2401 (TTY)

Organization	Settlement.org
Program/Resource	General information on the technical requirements of immigrating to Ontario
Description	Information on: <ul style="list-style-type: none"> • Immigrating to Ontario • Landing and Leaving • Permanent Residence • Sponsorship • Refugees • Immigration law • Citizenship • Canadian government
Link	http://settlement.org/ontario/immigration-citizenship/
Contact	http://settlement.org/contact/

Organization	In My Language
Program/Resource	General information on immigrating to Ontario in multiple languages
Description	Information in multiple languages on: <ul style="list-style-type: none"> • Permanent residence • Living in Ontario • Sponsorship • Refugees • Immigration laws • Citizenship • Canadian government
Link	http://english.inmylanguage.org/section.aspx?cat=IMMIGRATING

Contact	http://english.inmylanguage.org/contact.aspx
Organization	South Ottawa/Ottawa Centre Community Legal Services
Program/Resource	Legal advice and representation (legal aid)
Description	<p>We give legal advice & representation to people with low incomes in the following situations:</p> <ul style="list-style-type: none"> • If the Canadian Border Services Agency is starting to remove you from Canada, we can help with your Pre-Removal Risk Assessment; • Humanitarian and Compassionate Applications; • If your application for status in Canada is refused, we can review the decision to see if there are legal errors and possibly represent you in an application to the Federal Court for judicial review of the decision; • Sponsorship applications in certain situations, such as when a family member was not declared in your application for permanent residence; • Sponsorship appeals; • Sponsorship breakdowns; • If you don't meet the residency requirements for permanent residence, we can represent you in an appeal on humanitarian grounds; • "Stay" (meaning suspension) of a decision to remove you from Canada, in certain circumstances; • Detention reviews; • Refugee Hearings.
Link	http://www.clsoc.ca/en/index.html
Contact	<p>South Ottawa: 1355 Bank Street, Suite 406 Ottawa, ON K1H 8K7 Telephone: (613) 733-0140 Fax: (613) 733-0401</p> <p>Central: 1 Nicholas Street, Suite 422 Ottawa, ON K1N 7B7 Telephone: (613) 241-7008 Fax: (613) 241-8680</p>

Organization	West End Legal Services
Program/Resource	Legal advice and representation (legal aid)
Description	<p>West End Legal Services work in the area of immigration law. We can assist clients with a variety of matters, including:</p> <ul style="list-style-type: none"> ▪ Legal advice regarding immigration matters; ▪ Immigration / hearings before the Immigration and Refugee Board (IRB), including refugee hearings and appeal hearings before the Immigration Appeal Division. ▪ Certain applications for permanent residence where there is merit to an application, including humanitarian and compassionate applications.
Link	http://westendlegal.ca/category/our-services/areas-of-law/
Contact	Phone: 613-596-1641; Fax: 613-596-3364

Organization	Legal Aid Ontario (LAO)
Program/Resource	Legal assistance for low income people
Description	LAO provides legal assistance in immigration to law to people with low income
Link	http://www.legalaid.on.ca/en/
Contact	Toll free: 1-800-668-8258

Organization	Law Society of Upper Canada
Program/Resource	Law Society Referral Service
Description	<p>The Law Society Referral Service (LSRS) fills an important community need by connecting people looking for legal assistance with a lawyer or paralegal. If you're looking for a lawyer referral service or paralegal referral service, LSRS can help.</p> <p>When you request a lawyer or paralegal referral online, we will give you the name of a lawyer or licensed paralegal who will provide a free consultation of up to 30 minutes to help you determine your rights and options, provided we have a match available.</p>
Link	https://www.lsuc.on.ca/lrs/
Contact	https://lrs.lsuc.on.ca/lrs/